

VISIT YOUR LOCAL PLAYGROUP!

Wagga Little Steps (post-natal depression playgroup) is a great way for parents experiencing PND to meet up in a relaxed and friendly environment to talk, make new friends and build social support networks which support them and their children. The group also offers children the opportunity to learn through play, develop social skills and make friends in a safe and stimulating environment.

PLAYGROUP HAS
HELPED MY CHILDREN
LEARN ABOUT FRIENDSHIP,
BELONGING AND THAT
PLAYING WITH OTHERS
IS FUN.

Join us Monday mornings at Wagga Little Steps and find out more about our playgroup

Wagga Little Steps
(post-natal depression playgroup)
Monday
9:30am - 11:00am

Relationships Australia Building

(entry from Woolworths car park side)

34 - 40 Gurwood Street

Wagga Wagga NSW 2650

JOIN
NOW!

Families can attend two playgroup sessions and then need to become a member to continue to participate.



For further information email
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playgroupnsw.org.au

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