



What is ON FIRE?

The purpose of ON FIRE is to cultivate hope, resilience and wellbeing in children and young people aged 8-17 yrs in families affected by mental health issues.

The Vision

ON FIRE **vision** is for our members to learn, grow, and flourish.

The **objectives** of ON FIRE are:

1. **Increase positive emotions** (by providing children and young people with opportunities to have fun, enjoy leisure, and experience respite)
2. **Increase social belonging and engagement** (by providing children and young people with opportunities to experience peer support and interact with positive adult figures).
3. **Increase social-emotional life skills** (such as hope, positivity, resilience, and positive coping, awareness, through individual coaching and group discussions and activities).
4. **Increase knowledge and understanding about mental illness, mental health, and wellbeing.**

These objectives are achieved through a range of **program activities** including regular fun days, camps, tele-chat groups and coaching.

ON FIRE is supported by funding from nib foundation and auspiced by The Schizophrenia Fellowship of NSW Inc.

ON FIRE is currently recruiting volunteers to assist with the program.

For further information about the program and up coming FUN DAYS & CAMPS contact ON FIRE Area Co-ordinator Wagga Wagga, Bev Denley

Ph: 6925 9259 or 0422 371 322 E: beverly@sfnsw.org.au

